

## Examples of Incontinence Pad Suppliers Across Herefordshire

Location	Supplier
<b>On Line</b>	www.abenaonline.co.uk (if you quote WMIDS12 you will get a 12% discount)
<b>Hereford</b>	<p><b>Chandos Pharmacy</b> 46 St Owens Street Hereford HR1 2PR Tel: 01432 272065</p> <p><b>Boots Pharmacy</b> High Street Hereford Tel: 01432 274941</p>
<b>Kington</b>	<p><b>L Rowland &amp; Co</b> 42 High Street HR5 3BJ Tel: 01544 230348</p>
<b>Leominster</b>	<p><b>Boots Pharmacy</b> 18 Corn Square Leominster HR6 8LR Tel: 01568612721</p> <p><b>Leominster Pharmacy</b> 21 West Street Leominster HR6 8EP Tel:01568 615429</p>

<b>Bromyard</b>	<b>Rowlands Pharmacy</b> 35 High Street Bromyard Tel:01885 483291
<b>Ledbury</b>	<b>Boots Pharmacy</b> 9 High Street Ledbury HR8 1DS Tel:01531 632687  <b>Day Lewis Pharmacy</b> Unit 2 Sear House Bye Street Ledbury HR8 2AA Tel: 01531 632693
<b>Ross</b>	<b>Boots Pharmacy</b> 5 Market Place Ross On Wye HR9 5NX Tel:01989 562798

Most supermarkets now also stock incontinence pads and many do their own brands which are often more reasonably priced. If you need any more advice about which pads to choose or where to buy them please contact the Bladder & Bowel Health Team on 01432 378933