

COVID-19 SUPPORT

If you or anyone you know is struggling with support for things like – picking up supplies, shopping, medication or having regular contact with others we can help.

Ring **01432 260027** to put you in touch with local volunteers and local community groups.

STAY AT HOME 

PROTECT THE NHS

 **save lives**

 **TALK COMMUNITY SUPPORT**

Visit www.wisherefordshire.org or get all the latest updates at: www.herefordshire.gov.uk/coronavirus